

# Food Source

*Healthy Food. Every Person. Every Day.*



**FOOD BANK**  
OF NORTHERN NEVADA

May 2026

## Aneah's Summer Looks Brighter, Thanks to You!

Summer is a time for  
fun, not hunger



*Your generosity helps children like Aneah access the nutritious foods they need this summer.*

When school lets out for summer break, 8-year-old Aneah already knows how she'd like to spend her vacation: hanging out with her friends and playing on the swing set at her favorite playground.

Nothing should get in the way of her summer fun — especially hunger.

Access to nutritious food is critical for children like Aneah to grow, play, and thrive all year round. Sadly, when summer rolls in, free or reduced-price school meals disappear, and families are left to fill the gap. Plus, recent cuts to federal funding programs have made it even harder for families to put food on the table.

That's when compassionate friends like you step in to help.

Thanks to your generous support, we can put summer meal programs in place to provide children like Aneah with the nutritious foods they need to play all day.

She's grateful for the food her family receives from their local pantry ... and to you, for helping fuel her summer full of fun.

Aneah's face lights up when she sees what her mom put in her lunch box for the day.

"It's yogurt and blueberries!" she says. Those are her two favorite foods! "It just makes me smile."

**With your support, we're making summer so much brighter for children like Aneah! Thank you for caring.**

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## Letter FROM NICOLE

Dear Friend,

As the days get longer and the weather warms up, thoughts naturally turn to the upcoming break. Vacations, pool days, picnics, and freedom from the school bell are just ahead!

That freedom from the routine of school is great, unless you have children who rely on accessing free or reduced-price meal programs at school. Many families are figuring out how to provide enough food for three meals a day — and snacks! — during the months those breakfasts and lunches are no longer available. And the recent cuts to SNAP and Medicaid left more families feeling unsure of how they'll afford what they need.

This issue of *Food Source* features children and the people who are working to help make summer a little easier for families. However, summer hunger affects more than just children. For many individuals and older neighbors, food insecurity is a year-round issue.

Thanks to your generosity, the Food Bank of Northern Nevada is here for our neighbors, ready to provide meals for children, families, and older adults. That's because YOU always rise to the occasion.

As we head into the summer months, I'm grateful for your support. If you'd like to give again, **every \$10 helps provide 30 meals for someone facing hunger.** Thank you for your compassion.

Thank you,



Nicole Lamboley  
President & CEO



*Cooper, age 6, enjoys lunch with his friends at a local summer meals site.*

## When School Lets Out, We Step In

For families living paycheck to paycheck, it's often a challenge to put food on the table. Summertime hits particularly hard because it means the end of free or reduced-price school breakfasts and lunches. And if child care is needed during the summer, that's another big expense.

With recent cuts to SNAP and Medicaid, many families already have fewer dollars to spend on food. Instead of planning vacations or signing their children up for summer sports and camps, parents are saving every penny. Often, it's still not enough.

Thanks to your generous support, the Food Bank of Northern Nevada provides summer meals for children through our Kids Cafe, in addition to the food distributions and pantries that are available to neighbors throughout our region. Together, we are able to support families during this challenging time and help bridge the gap when school is out.

**Your continued support keeps families and children nourished this summer and all year long. We couldn't be more grateful!**

### *Thank You!*

### **For Supporting the Food Bank of Northern Nevada!**

DEW Foundation  
Papa John's Foundation  
E.L. Cord Foundation  
NV Energy Foundation  
Estelle J. Kelsey Foundation  
Thelma B. and Thomas P. Hart Foundation

Jack Van Sickle Foundation  
Bank of America Charitable Foundation  
Wayne L. Prim Foundation  
May & Stanley Smith Charitable Trust  
MolinaCares Foundation

The Deborah and T.J. Day Foundation  
Dorothy Lemelson Foundation  
Greater Nevada Credit Union  
The TJX Foundation  
Feeding America

# Summer Smiles and Full Plates



Together, we are bridging the summer nutrition gap

Children need lots of healthy food to keep them growing, playing, and learning ... and that need doesn't take a break for the summer. Thanks to compassionate supporters like you, we'll ensure that the end of the school year doesn't mean the end of nutritious meals.

With your help, we will fuel children like 10-year-old Gianna all summer long. She happily spends her summer days at the park, surrounded by friends and enjoying fresh, balanced lunches from her local summer meals program.

"This one comes with blueberries, yogurt, and little granola packets," she says, pointing to the meal in front of her. "I like these and the ones with strawberries."

Instead of worrying about where her next meal will come from, Gianna feels carefree. And she's so grateful for the food the summer meals program provides, noting that without it, she probably wouldn't have access to fresh food this summer.

Your support fills plates and fuels potential for kids like Gianna. And your gifts help fund the summer meals programs, mobile distributions, school pantries, and backpack programs that provide stability and wellness to children



*Thanks to you, Gianna is heading into a summer filled with nutritious meals.*

throughout northern Nevada and the eastern California Sierra. You give them the energy to run on the playground and the brainpower to stay sharp when they're in school.

**Your commitment ensures children can enjoy a happy, nourished summer. Thank you for building a stronger, healthier future for Gianna and so many others.**

## Tax Update: Your Gift Could Earn a Tax Deduction

Did you know your 2026 gifts to the Food Bank of Northern Nevada could qualify for a tax deduction? It's true!

**New for the 2026 tax year, taxpayers who claim the standard deduction (those who don't itemize) will now be able to deduct charitable cash gifts — up to \$1,000 for single filers or \$2,000 for those filing jointly.** That means your gift today could qualify for a deduction. Contact your tax advisor for more information.

# You and Ricky Are Serving Up Smiles!

Ricky sees the impact of your support every day

Ricky doesn't just wear his heart on his sleeve ... he wears it on his socks, too!

He's a silly-sock kind of guy, always showcasing a fun pair of socks to help bring a smile to people's faces.

"I have a different silly sock for each day of the week," Ricky says.

***"Volunteering is my way of paying it back."***

He and his silly socks have been a fixture at his local food bank, where he's been volunteering for the better part of 20 years. Whether he's stocking the shelves, greeting folks at the front counter, or training the new volunteers, Ricky's always on the move when he's helping others.

Being part of this important work means so much to Ricky. Growing up, the pantry was a lifeline for his family.

"I grew up with a single mom who fought and survived domestic violence," he says. "As a kid, (visiting the pantry) meant a lot to me and my brother because we just didn't have a lot of food.



***Ricky, a dedicated volunteer at his local food bank, loves wearing silly socks to make people smile.***

When we saw the fridge filled ... we knew we would be happy for another week."

The food bank left a lasting impression into his young adulthood. After graduating high school, Ricky was accepted into Purdue University's electrical engineering program. That same year, he decided to start volunteering.

Now, nearly two decades later, Ricky's still serving up smiles and nourishing meals to neighbors in need — and he's not planning on stopping anytime soon.

"I needed the pantries growing up. It's what made my mom feel safe, and now I volunteer to help make sure other people feel the same exact way," he says. "Volunteering is my way of paying it back."

**We're grateful to volunteers like Ricky — and generous friends like you — who want to help our neighbors thrive. Thank you!**

▼ PLEASE CUT OFF THE REPLY FORM BELOW AND RETURN IT WITH YOUR GIFT. ▼

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## HELP FAMILIES FACING HUNGER THIS SUMMER



☒ **Yes!** I want to provide meals and support for neighbors facing hunger this summer, so I'll give today. *Here is my gift of:*

- ☐ \$35 to help provide 105 meals    ☐ \$100 to help provide 300 meals  
☐ \$50 to help provide 150 meals    ☐ \$\_\_\_\_\_ to help provide as many meals as possible



☐ My check payable to Food Bank of Northern Nevada is enclosed.

FROM: NAME: \_\_\_\_\_  
STREET: \_\_\_\_\_  
CITY/STATE/ZIP: \_\_\_\_\_  
MY EMAIL: \_\_\_\_\_

☐ I would like to donate \$\_\_\_\_\_ automatically each month using my credit card.

☐ Please charge my credit card.



Amount: \$ \_\_\_\_\_

Phone Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ / \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_