

Northern Nevada CSFP Agencies:

**FOOD BANK OF NORTHERN NEVADA (F.B.N.N.)
(WASHOE, CARSON, CHURCHILL, LYON, MINERAL
AND STOREY COUNTIES)**

Serving: SENIORS AND WOMEN, INFANTS & CHILDREN
550 Italy Drive
McCarran, NV 89434
(775) 331-3663
Toll Free (877) 302-3663

**FRIENDS IN SERVICE HELPING (F.I.S.H.)
(ELKO COUNTY)**

Serving: SENIORS AND WOMEN, INFANTS & CHILDREN
821 Water Street
Elko, NV 89801
(775) 738-3038

Southern Nevada CSFP Agencies:

EAST VALLEY FAMILY SERVICES

Serving: SENIORS AND WOMEN, INFANTS & CHILDREN
3900 Cambridge St., Ste. 106
Las Vegas, NV 89119
(702) 631-7098

**State of Nevada
Department of Administration
Purchasing Division
Food Distribution Program
2250 Barnett Way
Reno, NV 89512**

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(Rev. 06/09)

*Nevada's
Commodity Supplemental
Food Program*



CSFP

Making a Difference in Nevada

What is CSFP?

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income pregnant and breastfeeding women, other new mothers up to one year postpartum, infants, children up to age six, and elderly people age 60 years and older. It is administered by the Nevada State Department of Administration, Purchasing Division, Food Distribution Program.

The participants served by CSFP are *similar* to those served by USDA's Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), but CSFP also serves elderly people, and provides food rather than the food vouchers that WIC participants receive.

CSFP food packages do not provide a complete diet, but rather are food sources of the nutrients typically lacking in the diets of the target population.

An eligible participant cannot participate in both WIC and CSFP at the same time.

Benefits Received through CSFP:

- ✓ Monthly CSFP Food Packages
- ✓ Nutrition information, including:
 - Cooking Ideas
 - Community Resources for Nutrition Education
- ✓ Health benefits of CSFP foods include:
 - Improved Children's Health
 - Reduced Low Birth Weight
 - Reduced Long-Term Medical Expenses
 - Elderly Malnutrition Reduction

Supplemental Food Packages Can Include Nutritious Items Such As:

- ◆ Formula
- ◆ Cheese
- ◆ Cereals
- ◆ Juices
- ◆ Beans
- ◆ Tuna or Other Canned Meats
- ◆ Egg Mix
- ◆ Peanut Butter
- ◆ Pasta or Rice
- ◆ Canned Fruit & Vegetables
- ◆ Dry or Evaporated Milk

Women, Infants & Children Income Guidelines

185% of Federal Poverty Guidelines

<u>HOUSEHOLD SIZE</u>	<u>YEARLY GROSS INCOME</u>	<u>MONTHLY GROSS INCOME</u>
1	\$ 20,036	\$ 1,670
2	\$ 26,955	\$ 2,247
3	\$ 33,874	\$ 2,823
4	\$ 40,793	\$ 3,400

For each additional household member add \$ 577.00 per month.

Who Can Qualify for CSFP?

- ◆ Those eligible for WIC but currently are on a WIC waiting list.
- ◆ Children from age 5 until their 6th birthday are eligible. Family income must be at or below 185% of Federal Poverty Guidelines.
- ◆ Elderly persons 60 years & older. Family income must be at or below 130% of Federal Poverty Guidelines.
- ◆ Women at or below 185% of Federal Poverty Guidelines who meet the postpartum policy.

CSFP clients must reside in the county or the area CSFP is offered.

Women, Infants & Children Certification Requirements:

Local agencies determine the certification of applicants, distribute the foods, and provide nutrition resources and information. Please contact your local CSFP agency for specific certification requirements.

You may be asked to bring any of the following to your certification appointment:

- WIC referral form - if you are a former WIC participant and eligible for CSFP
- Birth Certificate and/or Identification
- Proof of Residency - rent receipt or current utility bill
- Current documentation from Public Assistance Agencies if on assistance - TANF or Food Stamps

Senior Certification Requirements:

- Proof of Residency – Identification, rent receipt or current utility

How to Become a CSFP Client?

If you are interested in becoming a CSFP client, contact the nearest CSFP certification and distribution site listed on the back of this brochure.

Senior Income Guidelines

130% of Federal Poverty Guidelines

<u>HOUSEHOLD SIZE</u>	<u>YEARLY GROSS INCOME</u>	<u>MONTHLY GROSS INCOME</u>
1	\$ 14,079	\$ 1,174
2	\$ 18,941	\$ 1,579
3	\$ 23,803	\$ 1,984

For each additional household member add \$ 406.00 per month.